



PODAR INTERNATIONAL SCHOOL, DAVANAGERE

INFORMATION to Grades 1 to 10

Date: 2 June 2026

Nurturing Character & Resilience – A Motivational Session for Grades 6 to 10

Dear Parents,

Greetings from the Podar Family!

At Podar International School, Davanagere, we believe that education extends far beyond textbooks. True preparation for life requires equipping our young learners with emotional strength, self-belief, and the unwavering capacity to bounce back from adversity.

To foster these essential life skills, our campus recently had the distinct privilege and honor of hosting an exceptionally powerful and thought-provoking motivational seminar titled: "**Motivation and Personal Resilience: Learning from Life's Divine Trails.**"

The session was specially curated for our middle and secondary school students (Standards 6th to 10th) and led by our esteemed guest resource person, **Dr. Fr. Amal Dass S J**, a distinguished academician holding a PhD in Business Administration, currently serving as a faculty member in the Department of Economics and the venerable **Dean of St. Xavier's College, Jaipur, Rajasthan.**

Turning Pain into Purpose: Our students and teachers had the profound privilege of listening to the deeply moving real-life story of Dr. Amal Dass S J. Following a catastrophic road accident in 2014, Dr. Amal Dass was left with severe, life-altering injuries—his right leg was shattered in multiple places, and his right arm was rendered completely non-functional after the central nervous system was uprooted. Yet, amidst constant false nerve pain and overwhelming physical limitations, he refused to give up. With immense faith, hope, and determination, he completely retrained himself to manage his daily life using only his left hand. Defying all odds, he channeled this adversity into academic pursuit, enrolling in and successfully completing his PhD. His extraordinary journey stands as a powerful testament to our school community that no challenge is insurmountable when faced with inner strength, optimism, and an unwavering spirit.

Key Highlights & Core Takeaways from the Session:

Through a deeply engaging, interactive dialogue, Dr. Amal Dass instantly connected with our students, breaking down complex life concepts into relatable milestones:

- **Normalizing Life's Challenges:** By addressing everyday student anxieties—such as the fear of public speaking, exam stress, and peer comparison—students realized that setbacks are not final stops, but normal, universal elements of growth.
- **The Concept of "Divine Trails":** Drawing beautifully from his own personal journey, physical limitations, and early academic struggles, Dr. Amal Dass illustrated how setbacks teach self-belief, academic hardships forge perseverance, and moments of uncertainty ultimately build courage and adaptability.
- **Redefining Success:** Students were encouraged to view success not merely through high marks or trophies, but as a commitment to self-regulation, continuous learning, and progress over perfection.
- **Motivation vs. Daily Discipline:** A vital segment focused on how temporary motivation gets us started, but daily habits—like reading, exercising, and minimizing modern distractions—sustain long-term success.
- **The Lesson of the Chinese Bamboo Tree:** Through this famous anecdote, students learned that character and root systems are built silently during periods where results aren't immediately visible, reminding them to practice patience and persistence.

Our Shared Partnership: Carrying the Message Home

The session concluded with an empowering exercise where students were invited to boldly dream about where they see themselves ten years from now—as future scientists, entrepreneurs, educators, or artists—and to take small, meaningful steps toward those aspirations starting today.

We are incredibly grateful to Dr. Amal Dass S J from Jaipur, for leaving such a transformative impression on our campus. We humbly request you to continue this conversation at home by reinforcing these values of emotional resilience and daily discipline with your ward. Together as a unified community, we ensure our children face life's trails with confidence, determination, and hope.

Thank you for your unwavering partnership.

**With Warm Regards,
Event Team of PIS Davanagere**

Visual Glimpses of the Session



The same circular is available at: <https://www.podareducation.org/school/davanagere/davanagere-circulars>



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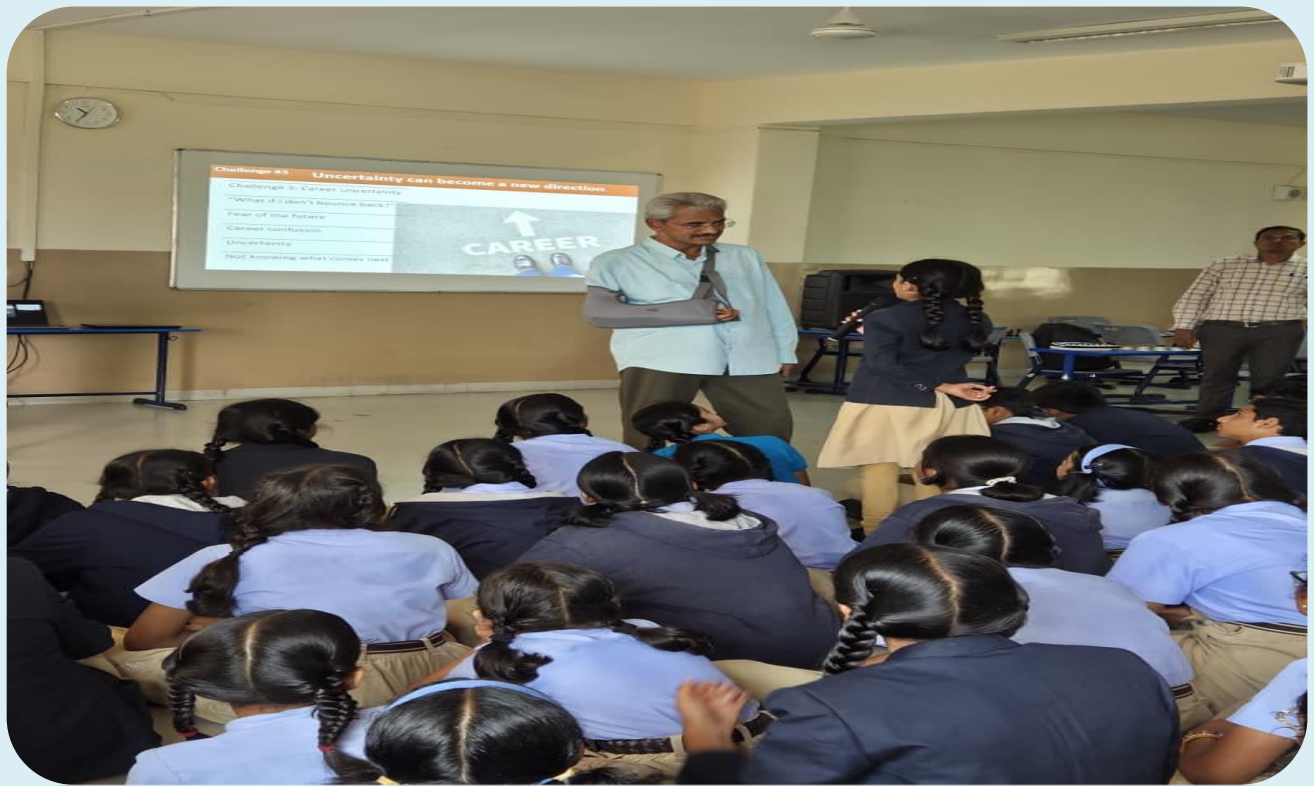
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